## 2017 Success Table Challenge – Exercise 1

Find a quiet place to take some time to reflect on your year. For each month ask your self "what are your 3 successes or highlights (work or personal) for that month?" It's easy to forget these in our busy lives. Then give yourself a pat on the back and enjoy your glass of wine.

January	February	March
1.	1.	1.
2.	2.	2.
3.	3.	3.
April 1.	Мау	June
1.	1.	1.
		0
2.	2.	2.
3.	3.	3.
July 1.	August	September
1.	1.	1.
2.	2.	2.
2.	2.	Ζ.
3.	3.	3.
October	November	December
1.	1.	1.
2.	2.	2.
<u> </u>	<u> </u>	<u> </u>
3.	3.	3.

1



## 'Winning over Challenges' – Learning Log 2017 Exercise 2

First take some time to think about the challenges or hiccups you faced in 2017 and for each of these - answer the following questions. This will enable you to change your approach and reactions in 2018 to be more aligned with what you want to achieve.

1. The challenge facing me was		
2. What did I learn? (Include any course/module/book etc studied and key learning points)		
3. What did you do differently as a result of this learning?		



YorkshireCoursesforLawyers.co.uk

4. What went well?

5. What did not go so well?

6. What else do I now need to learn for 2018 to meet this or other challenges? What kind of support do I need going forward?