



## A succinct reflective exercise

This is a 4MAT template which will enable you to review your personal drivers and help you crystallise your future direction. I use this myself and with my clients at the start of any new venture. In my book **Business Skills? Don't be Daft I am a Lawyer! Section 1 Chapter 1.1 why practise your legal expertise as a business** also lists the 'why' for 29 inspirational lawyers. The 'why' provides you with information about your motivation so start filling in the table at no 1.

You can use this at any time. Whether you want to set up in business or use this as to why practice your legal expertise for the organisation you work for. If your future is uncertain or if you are being made redundant. In the latter situation also read my blog, [You've Been Made Redundant, So What Now?](#)

I would recommend that you do this before you write up your vision and goals for your future.

*If you are struggling or need a second opinion, then a coaching/mentoring session will enable you to obtain clarity.*

### About Ann

Ann is a non-practising solicitor with over 28 years' experience in the business world. Since 2003 she has trained nearly 7000 lawyers in leadership, management, business and interpersonal skills. She is the founder of [Yorkshire Courses for Lawyers](#)

Ann has trained with the Coaching Academy and holds a H.N.L.P. certificate in coaching. She is NLP Master Practitioner, as well as a member of the Professional Speaking Association and Professional Speakers Academy.

**If you want a coach/mentor and trainer who knows the legal industry inside-out then [Contact me](#) to discuss your requirements.**



4. What else can I do with my expertise/passion?	1. Why am I doing this?
3. How am I doing 'it'?	2. What am I doing?